

#20 | HELP TO HEAL



Your gift will provide craft supplies for a therapy session with young children.

One in five children in Philadelphia will lose a parent or sibling by the time they reach age 25. That's enough children to fill all three of the city's major sports arenas, with another 60,000 seats needed for each child to have a spot.

Uplift Center for Grieving Children helps grieving children to heal and grow through their grief, while strengthening families, communities, and professionals' understanding of how to respond to their needs.

No child should have to grieve alone.

With multiple locations throughout the City of Philadelphia, Uplift offers peer support groups for children and teens in grades K-12th who have experienced the death of someone significant to them. Peer support and a caring adult presence help reduce the isolation and loneliness. Creative activities and games, grouped by age level, allow children to express their feelings about death. Uplift also offers caregiver groups to support adults raising a grieving child.

upliftphilly.org

Alternative Christmas Shop
SWARTHMORE PRESBYTERIAN CHURCH
swarthmorepres.org/alternative-christmas-shop-2023