Community Resources

Language and Translation Services

Limited English Proficiency – It is SPNDS' responsibility to ensure that all clients have meaningful and equal access to services. If you need translative or interpretive services, SPNDS will contact the corresponding appropriate agency.

Delaware County Intermediate Unit.

Many of the school districts in our area provide translation services for documents through the DCIU and TransAct translation services

https://www.dciu.org/Page/645

United Way 211 Website has a drop down menu with links for a variety of services in multiple languages.

https://www.pa211.org/

Special Education/Early Intervention

Delaware County Intermediate Unit – If you think your child is not growing and learning the same way as the other children, contact:

CONNECT: 1-800-692-7288

Delaware County Early Intervention (Birth to Two): 610-713-2406

Delaware County Intermediate Unit (Three to Five): 610-565-0618

Early Intervention Technical Assistance portal http://www.eita-pa.org/

Child Guidance Resource Center

The center offers a variety of behavioral health and community-wide wellness programs for families.

2000 Old West Chester Pike Havertown, PA 19083

Phone: (484) 454-8700 Fax: (484) 454-8706

https://www.cgrc.org/

Widener University Child Therapy Clinic

Widener's Child Therapy Clinic is a community-based training clinic that specializes in the treatment of mental health in children, adolescents, and families specializing in the implementation of evidence-based services to members of the local community

1728 Walnut Street Chester PA 19013 610-499-1204 WCTC@widener.edu

https://www.widener.edu/about/campus-community-resources/clinics-centers/child-therapy-clinic

Nutrition information

Food and Nutrition Services

The Food and Nutrition Service (FNS) works to end hunger and obesity through the administration of 15 federal nutrition assistance programs including WIC, Supplemental Nutrition Assistance Program (SNAP), and school meals. FNS also codevelops the Dietary Guidelines for Americans with the HHS Office of Disease Prevention and Health Promotion.

US Department of Agriculture https://www.fns.usda.gov/about-fns

Institute of Child Nutrition (ICN)

The Institute of Child Nutrition (ICN), part of the School of Applied Sciences at The University of Mississippi, is the only federally funded national center dedicated to applied research, education and training, and technical assistance for child nutrition programs. The Institute was established by Congress in the Child Nutrition and WIC Reauthorization Act of 1989. https://theicn.org

Local Nutritional support/consultation: http://www.thejoyofnutrition.net/

The Food Trust

Founded in 1992, The Food Trust works with neighborhoods, institutions, retailers, farmers and policymakers across the country to ensure delicious, nutritious food for all. Backed by three decades of research and evaluation, our holistic, community-centered approach to nutrition security weaves together three core programming elements — access, affordability and education — as well as a focus on advocating for public policy solutions

One Penn Center, Suite 9001617 John F. Kennedy Blvd. Philadelphia, PA 19103 215-575-0444 contact@thefoodtrust.org https://thefoodtrust.org/resources/

Nutrition and Physical Activity Self-Assessment for Child Care (NAPSACC)

Build healthy eating and physical activity habits in children through our easy-to-use online tools. https://gonapsacc.org/

Early Childhood Education Linkage System (ECELS) – ECELS provides health professional consultation, training, and technical assistance to improve early childhood education programs in the Commonwealth. Site is a collaboration with the American Academy of Pediatrics. If you are seeking information regarding health, including vaccines and immunization, call 1-800-24- ECELS or 484-446-3003. https://ecels-healthychildcarepa.org/

Low-cost health care

PA Health Insurance Program (CHIP) – If you are a working family, but do not have health insurance for your children, you may have your children enrolled in the CHIP program, a free or low cost Commonwealth program. Call 1-800-986-KIDS for more information.

Pennsylvania Healthcare Marketplace-Lower cost insurance for all Pennsylvania Residents https://pennie.com

1-844-844-4440

Child care subsidy Resources

Early Learning Resource Centers (ELRC) - assists eligible parents with their child care costs. The program serves children from birth to 13 years. ELRC administers the funding for subsidized day care and is part of the Delaware County Department of Human Services For further information contact ELRC, 110 S. 69th Street, Upper Darby, PA 19082, 1-800-831-3117 or 484-461-6400.

https://www.delcohsa.org/childcare.html

Compass. PA Department of Human Services

Pennsylvania state site for locating child care providers with links to subsidy applications.

https://www.compass.state.pa.us/Compass.Web/ProviderSearch/Home#/BasicSearch

Psychological services

The Delaware County Crisis Connections Team (DCCCT) can be reached at:

1-855-889-7827 (Delco's mobile crisis team to assist in times of need. Call for help) Hours: 24 hours/day, 7 days/week

Safe2Say Something

Anonymous tip line for concerns. Sponsored by the Office of the Attorney General, the, it's easy and confidential to report safety concerns to help prevent violence and tragedies. https://www.safe2saypa.org/what-is-safe2say-something/

National Suicide and Crisis Lifeline: Dial 988

Additional Mental Health Resources:

Mercy Catholic Medical Center- Crisis Center for mental health Mercy Fitzgerald Campus Emergency Department Lansdowne Avenue & Bailey Road Darby, PA 19023 610-237-4210

Crozer Chester Medical Center- Behavioral Health Crisis Center One Medical Center Blvd. Upland, PA 19013 610-447-7600

PA Crisis Text Line – Text PA to 741741 Free, 24/7, Confidential

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https://www.widener.edu/about/campus-community-resources/clinics-centers/child-therapy-clinic

Psychological Service practitioners:

Cornerstone Therapy and Wellness 996 Old Eagle School Road Suite 1105 Wayne, PA 19087

Phone: (610) 616-5935 Fax: (484) 318-7166

Cornerstonetherapy.com

Springfield Psychological 1489 Baltimore Pike Building 200, Suite 250 Springfield, PA 19064 Phone: (610) 544-2110 springpsych.com

Springfield Psychological 920 West Chester Pike Havertown, PA 19083 Phone: (610) 544-2110 Springpsych.com

Crozer Chester Medical Center-Community Campus 301 West 15th Street Chester, PA 19013 610-619-8700

Merakey- Local agency responsible for providing behavioral health services in Delaware County 800 Chester Pike Sharon Hill, PA 19023 610-534-3636

https://www.merakey.org/services/children-and-family

Pennsylvania Department of Human Services,

County Assistance Office Chester 701 Crosby Street Chester, PA 19013 610-447-5500 Website:

https://www.dhs.pa.gov/

Department of Public Welfare – If you feel that you have been discriminated against, contact the Department of Public Welfare
Bureau of Equal Opportunity
Room 223
Health & Welfare Building
P.O. Box 2675, Harrisburg, PA 17105,
717-787-4592.

Child Abuse and Neglect

IF you fear for child's immediate safety CALL 911

Childline 1-800-932-0313 TDD 1-866-872-1677

Trained specialists are available 24/7 to receive referrals of suspected child abuse and general child well-being concerns

Online reporting form can be found here:

https://www.compass.state.pa.us/cwis/public/home

Delaware County Children & Youth Services

Baldwin Tower, Suites 1025 & 680 1510 Chester Pike Eddystone, PA 19022 (610) 447-1000

Low Cost Housing

https://www.pahousingsearch.com/

PA housing search-Provides a search tool for low cost housing For help, call 1-877-428-8844 (toll free) Monday-Friday, 9 a.m. - 8 p.m. Dial 7-1-1 for TTY.

Chester Housing Authority Combined

1111 Avenue of the States Chester, PA 19013

Phone: Fax:

https://chesterha.org/

Email: <u>info@chesterha.org</u>

United Way

Links to many services that are available for individuals and families in crisis. https://www.pa211.org/

Family Promise -Interfaith Hospitality Network For families experiencing homelessness 245 Upland Road Brookhaven, PA 19015 484-480-6756 https://www.familypromisedelco.org/

Domestic Abuse

Domestic Abuse Project of Delaware County, Inc.

Provides crisis intervention, case management, shelter, counseling, support groups, legal advocacy, court accompaniment, and basic needs to adult, female victims of domestic violence. Non-residential services are available to teens and to men.

610-565-4590

www.dapdc.org

Women Against Abuse, Inc.

Women Against Abuse provides emergency shelter, transitional housing, legal services (including attorney representation in protection from abuse and custody cases)/

(866) 723-3014

www.womenagainstabuse.org

National Domestic Violence Hotline- Call if you are afraid for yourself or someone else close to you.

1-800-799-7233 (SAFE) TTY 1800-787-3224

https://www.thehotline.org/

Text Start to 88788

Professional Organizations for early childhood educators:

National Association for the Education of Young Children (NAEYC)- Mission Statement: "NAEYC promotes high-quality early learning for all children, birth through age 8, by connecting practice, policy, and research." They work to "improve the early childhood profession and support all who care for, educate, and work on behalf of young children." They also offer an accreditation system for high quality early childhood programs.

https://www.naeyc.org/

Local Affiliates:

PennAEYC 415 Market St. Suite 208

Harrisburg, PA 17101 Phone: (717) 635-9026 https://www.pennaeyc.com/

First Up (formerly DVAEYC) 1608 Walnut Street, Suite 300 Philadelphia, PA 19103 Phone (215)-893-0130 https://www.firstup.org/

Child Care Professionals Network

CCPN is a 501(c)(3) nonprofit organization, "composed of certified child care professionals who are committed to providing quality, affordable, early care and education that is accessible to all families." They provide resources and training to help facilities gain and maintain high quality standards.

1274 Providence Rd, Clifton Heights, PA 19018 484-238-4270

https://www.ccpnpa.org/

Progressive Educators Network (PEN)

PEN "believes that the purpose of education transcends preparation for college or career. Schools nurture citizens in an increasingly diverse democracy. Within the complexities of education theory, practice, policy, and politics, we promote a vision of progressive education for the 21st century. The organization provides opportunities for training and dialogue with other like minded professionals.

PO Box 1853 Evanston, IL 60204

https://progressiveeducationnetwork.org/

Early Childhood Education Linkage System (ECELS) – ECELS provides health professional consultation, training, and technical assistance to improve early childhood education programs in the Commonwealth. If you are seeking information regarding health, including vaccines and immunization, call 1-800-24- ECELS or 484-446-3003. https://ecels-healthychildcarepa.org/

Voter Registration

Register to vote

https://www.pavoterservices.pa.gov/Pages/VoterRegistrationApplication.aspx

Voter registration status

https://www.pavoterservices.pa.gov/pages/voterregistrationstatus.aspx

Local Governmental Website information:

Swarthmore Borough Website: https://www.swarthmorepa.org/

Rutledge Borough Website: http://www.rutledgepa.org/

Nether Providence Township: https://netherprovidence.org/

Springfield Township: https://www.springfielddelco.org/

Ridley Township: https://www.ridleytwp.org/